



## Exosome micro-RNA as liquid biopsy biomarkers for skin melanomas



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### INTRODUCTION

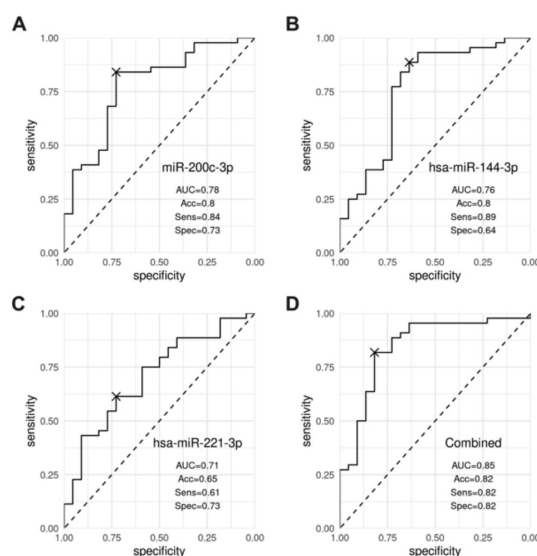
In the last decade, cutaneous melanoma incidence has dramatically increased and early diagnosis is crucial for appropriate tumor management. Liquid biopsy has attracted attention as a non-invasive method for early diagnosis, monitoring and treatment response evaluation. There is an urgent need for new biomarkers to follow up patients with melanoma negative for BRAF and/or NRAS hot spot mutations.

### MATERIALS AND METHODS

In this prospective multicenter study, blood samples for miRNA profiling were obtained from consecutive patients with a clinical and dermoscopic suspected diagnosis of melanoma and a control group without melanoma. Seven miRNAs, namely hsa-miR-149-3p, hsa-miR-150-5p, hsa-miR-21-5p, hsa-miR-200c-3p, hsa-miR-134-5p, hsa-miR-144-3p and hsa-miR-221-3p were profiled by quantitative PCR (qPCR) in plasma from patients with malignant melanoma (MM) and age and gender-matched controls.

### RESULTS AND DISCUSSION

Our results showed that three out of seven miRNAs, namely hsa-miR-200c-3p, hsa-miR-144-3p and hsa-miR-221-3p, were differentially expressed in plasma-derived exosomes from melanoma patients and controls. Furthermore, the abovementioned miRNAs varied significantly with melanoma stage (I-II vs III-IV). The three biomarkers combined were able to discriminate nevi from melanomas (Figure 1).



**Figure 1.** ROC curves representing the specificity and sensitivity of the three micro-RNAs (hsa-miR-144-3p, hsa-miR-221-3p, hsa-miR-200c-3p) in discriminating patients with nevi from those with melanoma considering separately (A-C) or combined (D).

### CONCLUSIONS

The combined expression level of hsa-miR-200c-3p, hsa-miR-144-3p and hsa-miR-221-3p resulted to be a strong candidate biomarker for discriminating between nevi and melanoma with high accuracy. If validated, this finding has possible implications both for early diagnosis and follow-up procedures.

### Acknowledgements

This research was supported by grants from SiDeMaST- Società Italiana di Dermatologia medica, chirurgica, estetica e delle Malattie Sessualmente Trasmesse (project award 2018), from the University of Trieste (FRA2021). This study was supported, in part, by the project iToBoS, funded by the European Union's Horizon 2020 research and innovation program under grant agreement No. 965221. The authors would also like to thank the EU H2020 project 965221 iToBoS (<http://itobos.eu>) that allows presenting our results to Microgenomics 2023